



Product Catalog



LIFE SPORT

www.lifesport.cc

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Why Lifesport ?

For more than 45 years, we've created quality fitness equipment that's backed by science and intended for results-driven exercisers.

In the process, we've become a trusted partner to health clubs, YMCAs, JCCs, sports teams, colleges and universities, country clubs, military facilities, offices, and hospitality fitness centers committed to offering outstanding experiences for a wide range of exercisers.



The Science of Fitness

Lifesport products are based on scientific truths developed during extensive explorations of human physiology and biomechanics. They are rooted in exercise science that studies the natural way to move and they allow any exerciser to feel connected to workouts that are efficient and effective.

Building Your Business

Lifesport partners with you to build a successful fitness business. Our solutions include layout planning, equipment selection, financing and marketing support.

Make the Lifesport Advantage Yours

Lifesport has been creating and delivering high-performance, science-based fitness machines and helping club owners build successful businesses for more than 45 years. Now we'd like to help do the same for you.

To find out why we should be your trusted partner, visit www.lifesport.cc Put the Lifesport advantage to work for you.



Strength

More Power to You and Your Members





Lifesport Strong

Cybox strength training equipment meets the diverse needs of all your members – from hopeful beginners looking to get stronger to serious athletes determined to push themselves to the limits. Our complete collection of precision selectorized machines, revolutionary functional trainers, and quality free weights and plate-loaded equipment not only sets the standard, it raises the bar.

Selectorized Strength

At Lifesport, we believe that strength comes from within. That's why every selectorized strength machine we create is based on a deep understanding of the human body and driven by a sincere desire to help users at every level get strong and stay fit.

You can pick and choose from three complementary lines of selectorized strength equipment to meet the needs of your facility, members and budget.

Our industry-changing Eagle NX and hard working Prestige VRS are designed to work together. They're aesthetically sophisticated and easy to use – with a common user interface and a consistent look and feel.

Chest Press

- Dual Axis allows the user to train with confidence in machine-defined movements or progress to more advanced user-defined movements
- The converging path of motion allows the user to train through a more complete range of movement and achieve better results
- Independent arms provide balanced strength development and add training variety
- Gas-assisted seat and back pad can easily be adjusted from the seated position allowing different body types to enjoy a comfortable range of motion



Pulldown

- Dual Axis allows the user to perform traditional pulldowns, narrow grip pulldowns and more advanced user-defined movements
- Independent arms provide balanced strength development and add training variety
- Thigh stabilization pad is designed to accommodate different body types and strength levels



Arm Curl

- Articulating arm eliminates the need for adjustment while allowing users to move in a pattern best suited to their body type or motion preference
- Swiveling-rotating grips allow for exercise variety from dumbbell curl to hammer curl



Leg Press

- Articulating carriage moves backward and tilts for greater range of motion at the hip and more complete training of the glutes and hamstrings
- Seat back angle adjusts to five positions emphasizing comfort and greater hip range of motion
- Designed to replicate a safe, controlled squat



Overhead Press

- Dual Axis allows the user to train with confidence in machine-defined movements or progress to more advanced user-defined movements
- Scapular plane grip accommodates those with compromised shoulders
- Independent arms provide balanced strength development and add training variety
- Gas-assisted seat is easily adjusted from the seated position allowing different body types to enjoy a comfortable range of motion



Row

- Unique top pivot, four-bar linkage, and diverging path of motion combine to support natural movement
- Foot brace promotes torso stabilization consistent with proper lifting technique
- Adjustable chest pad and gas-assisted seat allow different body types to enjoy a comfortable range of motion



Arm Extension

- Unique design requires no setup
- Arm pads encourage stabilization and proper positioning



Hip Abduction/Adduction

- Dual function space-saving design
- Adjustable back angle position allows the user to target muscle groups
- Dual foot positions accommodate a wide range of body types
- Weight stack serves as privacy shield



Leg Extension

- Range Limiting Device allows the user to set the most comfortable starting position and ensures the resistance profile is always matched to the user
- Innovative floating tibia pad design provides virtually effortless positioning and greater comfort and stability
- Back pad is one-hand adjustable and angled 100° from the seat to relieve hamstring tension



Leg Curl

- Range Limiting Device allows the user to set the most comfortable starting position and ensures the resistance profile is always matched to the user
- Back pad is one-hand adjustable and angled 100° from the seat to relieve hamstring tension





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